



First Draft Timetable for the Seminar on Addictions

	1	2	3	4	5	6	7	8	9	10			
	-2	-1	Day 1 - Thursday	Day 2 - Friday	Day 3 - Saturday	Day 4 - Sunday	Day 5 - Monday	Day 8 - Tuesday	+1	+2			
	26	27	28.04.2022	29.04.2022	30.04.2022	1.05.2022	2.05.2022	3.05.2022	4	5			
8.00	GREEN TRAVEL	T	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Bf.	GREEN TRAVEL			
9.00			Energizer	Energizer	Energizer	Energizer	Energizer	Energizer			Energizer		
9.20			R	Welcome words, getting to know each other, the program and Erasmus+	What are Addictions? - Theory	Relationship Addiction - Symptoms, prevention, testimonies from	Trying out Tools, Methods and Approaches related to Addiction - Preparation	Trying out Tools, Methods and Approaches related to Addiction – Part 2	Writing Learning achievement for Youthpass		GREEN TRAVEL		
11.00			E	Break	Break	Break	Break	Break	Break			T	
11.20			E	Hopes, Fears, Expectations, Learning agreements and the rules of the exchange	Alcohol Addiction - Symptoms, prevention, testimonies from	Cigarette Addiction - Symptoms, prevention, testimonies from	Trying out Tools, Methods and Approaches related to Addiction – Part 1	Trying out Tools, Methods and Approaches related to Addiction – Part 3	Planning future corporations			R	
13.00			N	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch			A	
14.50			T	Energizer	Energizer	Energizer	Guided tour and free time in the medieval town of Sighișoara	Energizer	Energizer			T	
15.00			R	Team Building and city discovery	Media Addiction - Symptoms, prevention, testimonies from	Psychiatrist / former addict gives tips and testimonies on how to spot, prevent and who to turn to in various cases		Trying out Tools, Methods and Approaches related to Addiction – Part 4	Evaluation of the Youth Exchange and Youthpass Ceremony			V	
16.15			V	Break	Break	Break		Break				E	
17.00			Daily Evaluation & Reflection about Learning Achievements									L	L
18.00			E	Free time	Free time	Free time	Free time	Free time	Free time				
20.00			L	Di	Dinner	Dinner	Dinner	Dinner	Dinner			L	
21.00			nn	er	Intercultural Snack night	Free boardgame night	Free boardgame night	Free boardgame night	Free boardgame night				Farewell Night

Green Travel	Food, Breaks and Travel	Erasmus+ Type Activities	Cultural Activities	Learning from Others	Learning by Doing
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