

DOMO DEUS

INFOSHEET



Description of the project

Language: English, Spanish

Type of work: CONS/ENVI

Dates: 20/08/2021 - 31/08/2021

Number of participants: 20

Age of volunteers: 18-30 years

Project location: Lozoyuela (Madrid), Spain

Requirements: Sleeping bag and sheets required.

As a safety measure we ask participants to get a tetanus shot before arriving in Spain.

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Las Huelgas s/n | 28739 Gargantilla del Lozoya. MADRID. Spain | TEL/FAX. (34) 91 869 54 45 | Móvil (34) 655 25 47 09
workcamps@deamicitia.org | www.deamicitia.org

MEETING POINT: BUS STOP of Lozoyuela

AUGUST 20 st FROM 18:30 pm.

Location

The workcamp takes place in Lozoyuela, a small village in the “Sierra Norte”, a mountain range in the autonomous region of Madrid (Comunidad de Madrid).



Lozoyuela is a part of several municipalities in the Valley of Lozoya, most of these are little villages but you can find all you need to live. It's near Buitrago del Lozoya and Rascafría, these are larger villages, where you can find banks and bigger shops. Lozoyuela is approximately 80 km north of Madrid, and you can reach the capital in an hour more or less by

car, and two hours by public transportation.

Project related activities

The activities will be based on the non-formal and informal educational working methods: workshops, courses, excursions, team activities, energizers, discussions, presentations and interviews of participants in the project. After learning theoretically the history, benefits and usages of the Dome Houses, the participants will learn technically how to build and create one by themselves.

We will start our project with theoretical workshops about the Geodesic Dome Houses. After that we will work on our own dome house. We will learn to develop a dome house from zero and finally we will built it using wood.



We are also asking participants to prepare a presentation about eco constructions in their home countries.

Accommodation and food

Accommodation will be done in a youth hostel in Lozoyuela. Inside the accommodation, there will be rooms with bunkbeds, an equipped kitchen, bathrooms and showers.



Food will be prepared by volunteers. Volunteers are asked to help with preparation of their own breakfasts and they will be provided with fresh drinks.

The accommodation itself provides basic conditions and the quality of those depend also on cleanliness and contribution of all participants.

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Leisure time and intercultural evening

There are attractive spots to see, natural paths, artificial lakes and some nice little towns nearby like Buitrago and Rascafría.

Leisure activities will include:

- hiking and cycling trails
- a swimming pool and different playgrounds on the campsite
- a nearby lake to swim in
- several villages you can visit during your stay. E.g. Rascafría (old monastery El Paular and natural swimming pools), Buitrago del Lozoya (medieval castle and museum of Picasso)

The intercultural evening is a good way of intercultural learning. In every camp there is one evening, when all participants present their country in a relaxed way – making presentation, watching photos, telling stories, tasting typical dishes, drinks and sweets, dances etc. Please, have this evening in your mind while preparing your luggage to share a piece of your culture with the rest of volunteers.

We will also have a trip to Madrid during the project in which the participants will have chance to see and visit the city.

On departure day there's no program and participants will go to the airport by themselves.

What to bring with you

- your passport or identification card
- health insurance card (or additional travel insurance)
- sleeping bag, sheets and pillow
- mosquito repellent, swimsuit, sun protection cream, sun glasses, a hat
- your medicine, pills (in case you need them)
- strong shoes for working (and walking)



- any games, environmental knowledge, photos, music and sweets to share are very welcome! You should also bring some specialties of your country to share among other participants
- warm clothes. Altitude of the campsite is around 1000 m and it can get quite cold even in summertime.

Temperatures in Lozoyuela in August:

– Average temperature	– 30°C
– Temperature at night	– 10°C
– Maximum temperature	– 36°C

TRAVELLING TO SPAIN

- The closest airport is Airport Madrid “Barajas” (www.aena.es). This is a quite big airport with connections to the most of the bigger cities in the world. Madrid Barajas has 4 airport terminals and some of them are far away from each other! Once arrived to the airport, you need to watch carefully the signs above your head to not to get lost. Also, do not hesitate to ask any of the airport staff – they are willing to help you.
- By coming from European Union, it is enough to have your national Identification Card to enter the country. In other case, you may need a passport. From some countries, you may also need a visa.
- Before packing your luggage, check the allowance of the weight and dimensions of your luggage for the flight. Many flight companies have different allowance for luggage and hand luggage. Make sure, that everything valuable (personal documents, money, mobile phone, important medicine, notebook, etc.) is flying with you in your hand luggage.
- Do not forget, that the majority of the flight companies allow only 1 hand luggage and that it is strictly prohibited to have liquids in your hand luggage. The only liquids allowed are medicine or anything, which is packed in bottles of less than 100ml. You can have max. 1 liter of liquids and they need to be inside of the transparent closable plastic bag.



HOW TO GET TO THE MEETING POINT (from the Airport Madrid Barajas):

- Going out of plane in Madrid, you follow the signs "METRO" or "M" that are everywhere on the billboards hanging from the roof :-) Madrid airport is big, but there are billboards every 10 meters, so just follow them and there is no chance to get lost.
- You have to take pink metro line n.8, direction "Nuevos ministerios" and you go out at the stop called "COLOMBIA". It is the penultimately stop (exactly 4 stops, if your plane arrives to Terminal 1, 2 or 3, but 6 stops, if your plane is arriving to Terminal 4)
- At Metro stop "**COLOMBIA**" you have to change to the other line. Its number 9 and color violet. You have to choose direction "**PACO DE LUCIA**" (it is the name of the last stop).
- After 3 stops in line 9, you go out at station call "**Plaza de Castilla**"
- When you go out of the metro, there will appear big escalator. Go up to 1st floor. You will appear at "**NIVEL -1**" (**1 floor under the ground**) at place they call "**Isla 3**".
- Search for stop number **36** and take green bus number **191 to Buitrago Del Lozoya**. Buses leave every hour from 6am till 10pm. (6:00, 7:00, 8:00, etc.) You will have to pay on the bus, it costs a little over 5 euros. It takes approx. 1hr30.

BUS TIMETABLE: <https://www.redtransporte.com/madrid/autobuses-interurbanos/191-madrid-alcobendas-buitrago-del-lozoya.html>

- You go out at "Lozoyuela "
- Travelling in Spain is quite safety and structured, but try to be always at the bus stop some minutes in advance!



Contact

Project Coordinator

Aylin Bekem: workcamps@deamicitia.org

+34 654 95 67 27



See you in Spain!

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