



**Training for youth leaders, youth workers, young people active in NGO's**  
**Call for participants**

Associazione ICARUS with the support of **Erasmus+ Programme** organises the project "**Self-empowerment to support young people**" a leader training that intends to offer **youth leaders and youth workers active in their own local realities but with few experiences in multicultural contexts or with intercultural groups**, the skills and non formal tools useful for be active in the youth sector, and to enhance their own role as facilitators or as leader in non-formal contexts such as workcamps, youth exchanges, volunteering projects, etc.

The leader training will be held from **29/04/2022 to 07/05/2022** in **FILAGA** a small town in province on Palermo, Sicily, IT.

It will gather 36 participants among youth leaders and young facilitators at their 1st experience, and newbies in youth workers from IT, BE, EE, ES, FR, LV, MK, PL. This project will involve also participants facing economical and geographical difficulties.

### **AIMS OF THE TRAINING COURSE**

- Strengthening participants' personal and transversal skills useful for working in multicultural and international contexts, and for managing and conducting activities aimed at young people
- Deepen the role of youth leader, non formal education, and sharing good practices
- To improve cross-competencies of participants such as leadership, prevention management and resolution of problems and conflicts, teamwork skills, communication, etc.
- Transferring methods and tools to manage groups and to encourage young people's involvement, also those with fewer opportunities, in non-formal learning initiatives and social volunteering
- Reinforcing the skills needed to accompany young people (also with fewer opportunities) in the recognition, re-elaboration and assessment of skills to make even more effective the educational impact of the initiatives where they are involved in
- Enhancing the role of youth leader, youth workers and NGOs as complementary actors for personal and professional growth of all young people, especially those in cultural and socioeconomic/ educational disadvantaged conditions
- To share practices among partner organizations and improve the quality of youth work

**Important.** All participants' contributions will be collected in a toolkit to be used for prepare young people to lead intercultural and multicultural groups and support learning by using non-formal education tools.

### **METHODOLOGY AND AGENDA**

Activities will be based on non-formal methodologies, work in group, brainstorming, simulations, role-playing games, which will facilitate group dynamics, learning, sharing good practices, and the development of new methods and educational approaches aimed at **enhancing of skills to manage groups of young people and facilitate their learning process during non-formal activities and mobilities.**

**Agenda (draft)**

	29/04	30/04	01/05	02/05	03/05	04/05	05/05	06/05	07/05
<b>AM</b>		Get to know each-other and Team building activities	Game approach as tool for tackle socialization and active participation: How to push it up?	Intercultural learning ...	Decision making	Volunteering activity in Filaga	How to support young people's learning while being involved in volunteering activities (workcamps, ESC long, short term, in teams)	ESC, Solidarity projects, and Erasmus+ (youth) as opportunities for young people	Departures
<b>AM</b>		Intro to the weekly agenda - Expectations - tasks division (media/cooking/cleaning, living together)	Formal - Non-formal & Informal learning - Styles of learning	...and cultural shock	Conflict Solving		New methodologies and activities made by participants	ESC in high priority Areas	Departures
<b>Lunch</b>		Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	
<b>PM</b>	Arrival	Try out Keys competences and intro to Youthpass	Leadership roles and styles - Stage of group development	Human Rights	Active listening	Mid-term Evaluation	New methodologies and activities made by participants	Filling Youthpass and Open Space for Networking	
<b>PM</b>	Arrival	My learning goals (diary/journal)	NGO's market and my role in the organisation	Inclusive learning&learning environment		Free time in the surroundings	Safety and prevention	Finale evaluation	
<b>30'</b>		Reflection time	Reflection time	Reflection time		Reflection time	Reflection time		
<b>Dinner</b>	Welcoming Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Farewell Dinner	
		Activities for socialization	Intercultural evening	Intercultural evening					

## **PARTICIPANTS' PROFILE**

Young people aged between **22 and 30 years old, young people experienced or at their first experience as youth leader, or as facilitator** of intercultural groups/activities, or as newcomers in youth work and active in local context and within their sending organizations **interested in acquiring new skills and strengthening competences in managing international groups or intercultural groups** of young people coming from different socio-economic and cultural background.

- Participants should be interested or already involved in dealing with intercultural learning, conducting activities addressed to young people, to coordinate groups, to work in multicultural context and interested in the use of NF education methodologies.
- Participants are expected to take active role during the Training Course. Every participants will conduct activity/game on a selected topic of their choice.
- Participants are expected to act as multipliers once back home, to be able to use new competences in youth sector at local or international level
- Good knowledge of English for taking active role during the activities

## **ACCOMMODATION and FOOD**

**Important:** During the training course participants will experience similar condition as youth projects, therefore, they have to be prepared to experience basic living conditions and also itinerant setting. (:

### **The HOST in Filaga**

This Training Course will be welcomed by the local community of Filaga and their local people involved in the project [Terr@Terra](#) which aim is to valorize the naturalistic-environmental, historical-cultural, artistic, artisan, eno-gastronomic and folkloristic resources of the Sicani territory by creating a sustainable circular-system that can promote youth employment and inclusion of disadvantaged people.

### Accommodation (please read this)

Part of the group (25 participants) will be host in a basic hostel in the town of Filaga, in bank-beds in sharing rooms, like dormitory. The building was used to be a school and now is equipped as very basic hostel, bathrooms and showers are limited and will be shared according to gender.

Other part of the group (11 participants) will be host in a basic hostel in the nearby town of Prizzi and moving every day to Filaga by a trasfer organised by local host and Icarus. Accommodation is in bank-beds in sharing rooms, like dormitory, bathrooms and showers are limited and will be shared according to gender.

There will be Wi-Fi in both places.

### Food

Food will be organized by local people and also prepared by participants time by time.

## **ALL THE ACTIVITIES WILL BE IMPLEMENTED IN FILAGA HOSTEL**

Working hours are around 6-7 per day and all participants are required to take active role in all activities and daily tasks.

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*icarus*

*Associazione per la mobilità internazionale*



## ACTIVE PARTICIPATION AND PARTICIPANTS' CONTRIBUTION

- All participants will be asked to contribute in cleaning dishes, rooms, toilet and shower and common space and also in cooking (preparing simple traditional dish or other food) in case of international evening.
- All participants will be asked to contribute in the realization of a toolkit for future young leader!
- Is expected that participants will take responsibility for implement a workshop (on selected topic)
- Is expected that participants will be ready to experience: **basic living conditions** and **active participation** during the whole duration of the activities (including daily tasks like cleaning room, toilet, dishes and common space, help to arrange breakfast, table for meals, as well as, media tasks making video/photo for promotion, etc.)
- Due to the accommodation arranged in due different dormitory we expect FLEXIBILITY by participants

**TAKE IN MIND!** Filaga is a village in a geographic-rural area, surrounded by mountains and woods. Participants should be ready to live in a calm environment and not expect to find *movida* like in metropolitan cities. (:

## PARTNER ORGANISATIONS

Organisation	Country	N. of pax	Travel grant per pax
Associazione Icarus	IT	2	€20
Service Volontaire International	BE	3	€275
Radi Vidi Pats	LV	2	€360
De Amicitia	SP	2	€275
Solidarites Jeunesse	FR	2	€275
Mtü - Noortevahetu Se Arengu Ühing Estyes	EE	2	€360
I Girasoli	IT	2 (refugees or migrants)	€20
Regional Volunteer Centre	PL	2 (1 pax from remote geographical area)	€275
Vcs Skopje	MK	2 (1 pax from remote geographical area)	€275

## FINANCIAL CONDITIONS

Board and lodging are full covered by the Associazione Icarus.

Travel tickets will be reimbursed up to the limit amount showed in the tab above according to country.

The travel costs will be reimbursed on effective cost purchased and up to the limit per country.

Reimbursement will be done via bank transfer after Associazione Icarus will receive all the original tickets.

## COVID-19 MEASURES

All participants are requested to have vaccine (2 or 3 dose) or a valid covid test (not older than 48h prior departure)

The use of FFP2 masks in public transports and supermarkets will be requested. Further information will be given before the arrival.

Activities will be held indoor and outdoor.



## HOW TO APPLY AND DEADLINE

Application should be submitted through [THE APPLICATION FORM AVAILABLE AT THIS LINK](#) by the **11/04/2022**  
For information you can contact us at [associazione.icarus@gmail.com](mailto:associazione.icarus@gmail.com)

Selected participants will receive further information about logistics, travel tips and travel reimbursement.

**Important. If we will not receive your applications by the deadline, we will pass your places to another organisations.**

**Thank you!**  
**Icarus team**